

## Gibsonburg Middle School

Quad meet: Gibsonburg – Calvert – Lakota - Tiffin Monday April 17, 2023

740 South Main St., Gibsonburg, OH 43431 Phone: 419-637-2873 Fax: 419-637-2046

Meet manager: Richard Morgan, phone: 419-601-1976 email: rmorgan55@gmail.com

You are scheduled to compete in a quad meet at Gibsonburg High School on Monday, April 17. We would like to start field events at 4:30, with running events beginning at 5:00.

**Entries:** All entries will be done online at www.baumspage.com. The window is already open, and it will

close at 6:00 PM Sunday, April 16. Feel free to email me with any changes Sunday night, and we will of course accept changes on Monday, even during the meet if necessary. The meet will

be drawn Sunday evening, and the lane assignments will be put on baumspage.

**Sprints**: Enter as many individuals as you want. Do your best to **estimate performances** when entering

your athletes (including field events) so we have competitive heats and flights. *Guess if you have to. Please don't leave any marks blank* Regardless of times, however, we will make sure all schools are represented in the hot heat of each event. All races from the 400m down will be run

in multiple heats, from fastest to slowest, with scoring possible from any heat.

**Distance:** Enter as many individuals as you want. For all races 800 m and up, all runners will be run in one

heat. In the distance events, we may run the boys and girls together, depending on the number of

participants and the weather. However, all boys' and girls' coaches must agree to this.

*Field Events:* In the field events, enter as many individuals as you want. There will be 4 attempts, with flights

drawn from shortest to longest.

**Relays:** Enter up to 3 relays per event. If you need more, email and we'll try to figure out a way. Keep in

mind that with four schools, we might need multiple heats. So enter a time for each relay.

**Requests:** If there are any special requests, email them to me. For instance, you might want two of your

runners in the same heat. Or you may want one in the hot heat, even though his time may not

merit it. Or whatever. Let me know and I'll see if I can make it happen.

**Scoring**: Since this is a quad meet, scoring will be 6-4-3-2-1 in all individual events, and 6-4-2 in relays.

**Facilities:** We have an 8-lane all-weather track, with all-weather surfaces on the jumping surfaces as well.

Please use \(\frac{1}{8}\) or \(\frac{1}{4}\) inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the

like should be used for relays. Please supply your own batons.

**Concessions**: We will have our concession stand open.

**Meeting:** Come to the press box upon arrival for any last-minute changes or instructions.

**Info:** For questions or information, please contact:

Brian Jackson, bjacskson@gibsonburgschools.org, 419-34-1162, Gibsonburg AD

Richard Morgan, rmorgan55@gmail.com; 419-601-1976; Meet scorer

Good Luck,

Richard Morgan, Meet Scorer

## **Schedule**

## Field events

4:30 PM Girls and Boys Pole Vault

Girls High Jump (boys will follow)

Girls and Boys Long Jump (open pit, 4 attempts) Boys Shot put, 4 attempts (girls will follow) Girls Discus, 4 attempts (boys will follow)

Use your own implements. Weigh-ins will not be necessary.

Starting heights and other details of the field events will be determined on meet day by coaches' agreement, depending on number of entries, weather conditions, and other factors.

## Running events

5:00 PM Girls 4x800 M Relay

Boys 4x800 M Relay Girls 100 M Hurdles Boys 110 M Hurdles Girls 100 m Dash Boys 100 m Dash Girls 4 X 200 m Relay Boys 4 X 200 m Relay

Girls 1600 m Run Boys 1600 m Run

Girls 4 X 100 m Relay

Boys 4X 100 m Relay

Girls 400 m Dash

Boys 400 m Dash Girls 200 m Hurdles

Boys 200 m Hurdles

Girls 800 m Run

Boys 800 m Run

Girls 200 m Dash

Boys 200 m Dash Girls 1600 m Relay

Boys 1600 m Relay

Please remember that all heat and lane assignments will be posted to baumspage some time Sunday night.